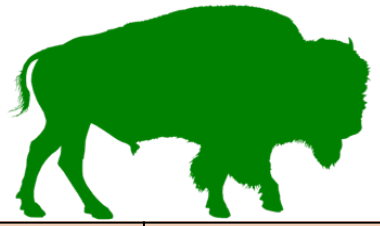
SEPTEMBER

ARICKAREE MENU



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
		French Toast Sticks, Sausage, Cereal, Fruit & Milk/**Spaghetti,** Garlic Bread, Salad, Fruit & Milk	**Blueberry Muffin Bread**, Sausage, Cereal, Fruit & Milk/**Grilled Cheese,** Tomato Soup, Salad, Fruit & Milk	**Pancake on a Stick**, Cereal, Fruit, & Milk/**Salsburry Steak**, Baked Potato, Salad, Fruit & Milk	**NO SCHOOL**	
6	7	8	9	10	11	12
	NO SCHOOL-LABOR DAY	**Bagels,** Sausage, Cereal, Fruit & Milk/**Beef Tacos,** Refried Beans, Rice, Salad, Fruit & Milk	**Ham N Cheese Pockets,** Cereal, Fruit & Milk/**Sloppy Joes,** Green Beans, Salad, Fruit & Milk	**Yogurt Parfaits,** Breakfast Cookie, Cereal, Fruit & Milk/**KFC Bowls,** Salad, Fruit & Milk	**Breakfast Sandwich**, Cereal, Fruit & Milk/**Italian Subs,** Chips, Salad, Fruit & Milk	
13	14	15	16	17	18	19
	Waffles, Sausage, Cereal , Fruit & Milk/**Meatball Subs,** Tator Tots, Salad, Fruit & Milk	**Eggs & Bacon**, Cereal, Fruit & Milk/**Beef Quesadillas,** Rice, Salad, Fruit & Milk	**Choc.Chip Muffin Bread**, Cereal, Fruit & Milk/**Chicken Fried Steak**, Mashed Potatoes, Salad, Fruit & Milk	**Biscuits N Gravy**, Cereal, Fruit & Milk/**Hot Dogs-Chili Dogs,** Fries, Salad, Fruit & Milk	**NO SCHOOL**	
20	21	22	23	24	25	26
	Breakfast Pizza, Cereal, Fruit & Milk/**Cheeseburger**, Chips, Salad, Fruit & Milk	**Danish,** Sausage, Cereal, Fruit & Milk/**Taco Salad,** Corn, Salad, Fruit & Milk	**Cereal, Yogurt,** Fruit & Milk/**Breakfast Burritos**, Salad, Fruit & Milk	**Cinnamon Rolls,** Sausage, Cereal, Fruit & Milk/**Crack Chicken Sandwich,** Fries, Salad, Fruit & Milk	**NO SCHOOL**	
27	28	29	30	1	2	3
	Scones, Sausage, Cereal, Fruit & Milk/**Corndogs,** French Fries, Salad, Fruit & Milk	**Banana Bread,** Cereal, Fruit & Milk/**Lasagna**, Rolls, Salad, Fruit & Milk	**Biscuits N Gravy,** Cereal, Fruit & Milk/**BBQ Chicken,** Baked Potato, Cereal, Fruit & Milk		**NO SCHOOL**	
4	5					
		This institution is an equal opportunity provider. Always check the website for current information and/or changes. www.arickaree.org				